Message from our Chair

Spring is a special time of reflection and new beginnings. Within the Department of Psychiatry, there are many accomplishments to reflect upon as we enter this new season.

We celebrate the new Faculty and Staff who have joined us.

We celebrate our Residents and all that they have accomplished. We wish our soon-to-be graduating Residents much ongoing growth, fulfillment, and success.

We also look forward to welcoming our new Residents after the exciting Match Day announcements, as well as the other trainees in Fellowships and internships who are soon to join us. Of the graduating M4 students from the UICOM-Chicago campus, 16 people matched into Psychiatry, which is the second most popular specialty match here this year.

Let us also celebrate and thank our Faculty and Staff who do amazing work in academic, clinical, and research environments on a daily basis.

A special thanks goes to all Faculty and Staff who prepared for and participated in our successful Joint Commission visit. When new challenges and opportunities arise, the Department of Psychiatry works collaboratively and effectively to address what is important.

Happy Spring to each of you, and thank you for all you do each and every day.

Best wishes,

Dr. Anand Kumar
Upcoming Events:

Coming soon:
(Save the date)
October 11th, 2023

Annual Research Extravaganza

Guest Speaker:

Dr. David Goldman
Senior Investigator
Laboratory of Neurogenetics
NIAAA
Upcoming Events:

**Annual Erminio Costa Memorial Lecture**
*(A tribute to Erminio Costa)*

**Wednesday, April 5th, 2023**
*1:00pm to 2:00pm*

**Moss Auditorium**
**College of Medicine Research Building (COMRB)**
**909 S. Wolcott Avenue**

**Keynote Speaker:**

Dr. Schahram Akbarian

*Professor of Psychiatry and Neuroscience*
*Chief, Division of Psychiatric Epigenomics*
*Icahn School of Medicine at Mount Sinai, New York*

“Chromosomal domain and 3D genome organization in prefrontal cortex of subjects with schizophrenia and bipolar disease”
WELCOME

Here are the results for our Child Psychiatry Fellowship Match. We are excited to welcome these new fellows to the next academic year.

Thank you to everyone who worked hard to make this wonderful recruitment season possible!

Emily Green, MD
University of Wisconsin in Madison

Camila Haynes, MD
Howard University Hospital

Ravneet Singh, MD
Rosalind Franklin University
Welcome to our

Incoming PG-1 Residents 2023-2024

Amy De La Torre, MD
University of Illinois at Chicago College of Medicine, Chicago, IL

Dominic Grisafe, II, MD, PhD
Keck School of Medicine of the University of Southern California, Los Angeles CA

Juhli Gupta, MD
University of Chicago Division of the Biological Sciences The Pritzker School of Medicine, Chicago, IL

Aditi Kappagantu, MD
Wayne State University School of Medicine, Detroit MI

Fawwad Khan, MD
University of Texas Southwestern Medical Center at Dallas Southwestern Medical School, Dallas TX

Wan Kwok, MD
University of Cincinnati College of Medicine, Cincinnati OH

Dominick Martinico, MD
University of Illinois at Chicago College of Medicine, Chicago, IL

Julia Spaczal, MD
University of Cincinnati College of Medicine, Cincinnati OH

Nils Suresh, MD
Northwestern University The Feinberg School of Medicine, Chicago IL

Margarete Wallner, MD
Rush Medical College of Rush University Medical Center, Chicago IL
Welcome to our recent new hires!

<table>
<thead>
<tr>
<th>Photo</th>
<th>Name</th>
<th>Job Title</th>
<th>Type</th>
<th>Joined On</th>
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<tr>
<td></td>
<td>Maria G. Flores</td>
<td>Customer Service Representative</td>
<td>Staff</td>
<td>2023-03</td>
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<tr>
<td></td>
<td>Zainab Abbasi MA</td>
<td>Research Specialist</td>
<td>Researcher</td>
<td>2023-03</td>
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<td></td>
<td>Nina Turner</td>
<td>Reimbursement Coding Representative</td>
<td>Staff</td>
<td>2023-03</td>
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<td></td>
<td>Thomas Hopkins BS</td>
<td>Volunteer in Rospenda Lab</td>
<td>Volunteer</td>
<td>2023-03</td>
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<tr>
<td></td>
<td>Kelsey King BS</td>
<td>Research Assistant, UIC</td>
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<td>2023-02</td>
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<td></td>
<td>Rebecca Feinstein</td>
<td>Visiting Research Assistant Professor</td>
<td>Faculty</td>
<td>2023-02</td>
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<td></td>
<td>Felicia Hughes</td>
<td>Administrative Assistant, UIC</td>
<td>Staff</td>
<td>2023-02</td>
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<tr>
<td></td>
<td>Imani McDonald</td>
<td>Undergraduate Intern in the Urban Youth Trauma Center/Pediatric Stress and Anxiety Disorder Clinic</td>
<td>Volunteer</td>
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<td>Brenda Xu</td>
<td>Psychiatry Volunteer</td>
<td>Volunteer</td>
<td>2023-02</td>
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<td>Jakie Solano Salgado</td>
<td>Research Assistant at Urban Youth Trauma Center (UYTC)</td>
<td>Volunteer</td>
<td>2023-01</td>
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<tr>
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<td>Giselle Lopez</td>
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<td>Aida Adriano</td>
<td>Research Assistant</td>
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<td>2023-01</td>
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<td>Dakari Casey</td>
<td>Psychiatry Volunteer</td>
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<td>2023-01</td>
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<td>Sinan Almukhtar MD, MPH, PhD(c)</td>
<td>Research Assistant</td>
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<td>2023-01</td>
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<td>Antonio Salerno MSc</td>
<td>Research Collaborator</td>
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<td>2023-01</td>
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<td>Jake Miller</td>
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<td>Reem Zalloum</td>
<td>Happy Lab Undergraduate Research Assistant</td>
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<td>Yusra Ahmed</td>
<td>Undergraduate Student of the College of Liberal Arts and Sciences</td>
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<td>2022-12</td>
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<tr>
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<td>Noah Kingston</td>
<td>Undergraduate Research Volunteer</td>
<td>Volunteer</td>
<td>2022-12</td>
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Faculty and Staff News

Dr. Olu Ajilore has been appointed to serve as member for the National Advisory Mental Health Council. The National Advisory Mental Health Council (NAMHC) advises the Secretary of Health and Human Services; the Director, National Institutes of Health, and the Director, National Institute of Mental Health, on all policies and activities relating to the conduct and support of mental health research, research training, and other programs of the Institute.

Dr. Erika Gustafson has been selected as a 2023 fellow for the SCCAP Leadership Education to Advance Diversity (LEAD) Institute.

Institute of Juvenile Research faculty member Dr. Brittany Rudd was awarded NIMH K23 to improve suicide prevention in juvenile detention. This project will leverage key stakeholder perspectives to co-design and pilot a Zero Suicide Model that is tailored to the juvenile detention center context and centers for the needs of youth of color.

Dr. Alexandra Tabachnick was recognized for having one of the top cited papers in "Infant Mental Health Journal" in 2021-2022. The paper is entitled "Adapting psychophysiological data collection for COVID-19: The 'Virtual Assessment' model" and describes methods and best practice recommendations for safely and effectively collecting autonomic nervous system data from parents and infants during the COVID-19 pandemic and beyond.

Elizabeth Mulligan was awarded an appointment on the Neuroscience of Mental Health T32 Postdoctoral Fellowship. Following her graduation from the UIC Clinical Psychology Internship program in June 2023, she will complete her two-year fellowship in the CLEAR Lab researching neurobiological mechanisms underlying reproductive mood disorders.

Dr. Colleen Stiles-Shields interviewed Nicole Crump, a caregiver of a child with a complex, chronic condition, about Navigating Social Media for the Parent and Caregiver Voices Project. Podcast: https://anchor.fm/parent-and-caregiver-voices-project/episodes/Navigating-Social-Media-e1tpe53. Video: https://www.youtube.com/watch?v=nT3ufJLR0gU

Dr. Colleen Stiles-Shields has been appointed to Co-Chair (2023) and Chair (2024) Pediatric Psychology Programming at APA.
The Anna-Monika-Foundation is proud to announce the prize winners of the 28th Anna-Monika call. In view of a number of excellent applications it was a quite difficult task for the jury to come up with a selection. In any case, the decision follows the outstanding nominations in the history of the Anna-Monika-Foundation.

A prize has been awarded to Helen S. Mayberg, Mount Sinai School of Medicine, New York, USA for her work on brain circuits relevant for developing novel treatments for depression. In particular, she has discovered Brodmann area 25 (BA25) as a key region for the pathophysiology of depression and as a target for deep brain stimulation. Moreover, she has identified neuroimaging-based biomarkers for predicting antidepressant treatment response.

Another prize has been awarded to Lisa Monteggia and Ege Kavalali, Vanderbilt University, Nashville, Tennessee, USA for their work on rapid mechanisms of action of ketamine as an antidepressant. They have identified a brain derived neurotrophic factor (BDNF) as a mediator of ketamine’s action in depression. Moreover, they have discovered an intracellular signal transduction pathway activated by ketamine-induced blockade of synaptic NMDA receptors relevant for synaptic potentiation.

A prize has also been awarded to Dr. Mark Rasenick, University of Illinois, Chicago, USA for his work on the importance of lipid rafts for signal transduction mediated by antidepressants and ketamine. He has identified the localization of Gsα within the cell membrane as crucial for antidepressant treatment both in preclinical and clinical studies and has developed a respective biomarker predicting treatment response.

Dr. Judith Cook, her co-investigator Dr. Catana Brown, and their colleagues conducted a randomized controlled trial study of a community-based intervention designed to improve competency and behaviors for a healthy lifestyle and weight management. They were invited to present this research at the 2022 American Occupational Therapy Association’s Specialty Conference: Mental Health, Columbus, OH.

Dr. Judith Cook and her colleagues received an award for their article published in Psychiatric Services, called “Outcomes of Peer-Provided Individual Placement and Support Services in a Mental Health Peer-Run Vocational Program” from the National Association of Rehabilitation Research and Training Centers.

Research on a weight and well-being intervention conducted by Dr. Judith Cook, her co-investigator Dr. Catana Brown, and their colleagues was selected for inclusion in Kudos, an online platform that enhances the impact and visibility of academic journal articles using lay descriptions and marketing strategies across multiple academic and social media. https://www.growkudos.com/publications/10.1176%25252Fappi.ps.202200038/reader.
Faculty and Staff News (cont.)

Dr. Dana Rusch will provide virtual bi-monthly Reflective Consultation in Spanish for community navigators working directly with migrant arrivals to Chicago. This initiative is directed by her CIMH colleagues (Dr. Aimee Hilado at U of Chicago; Dr. Rebecca Ford-Paz at Lurie Children's Hospital) and supported by several CIMH volunteers who will provide ongoing consultation and implementation support to frontline staff at high-capacity city shelters, IDHS-funded Welcoming Center Site Leaders stationed in hotels, and staff from community navigator programs. Read more here: https://ourcimh.org/cimhspotlight.

In February 2023, Dr. Geri Fox, was awarded the title of Emerita Director of the Klingenstein Third-Generation Foundation-Jay G. Hirsch Medical Student Child and Adolescent Psychiatry Fellowship for her leadership over a decade. The KTGF program grant for UICOM has been renewed for an additional five years of funding, and has expanded to involve medical students on all three campuses. Kelley Volpe MD is the Chicago campus co-director. Adrienne Adams MD is the Rockford campus co-director. Niranjan Karnik MD, PhD will become the Interim KTGF Director, since the Institute for Juvenile Research will host the KTGF Medical Student Conference in February 2024.

These are the specialties that graduating M4 students from the UICOM-Chicago campus matched into this year.
We were the second most popular specialty match this year:

Internal Medicine - 37  
Psychiatry - 16  
Emergency Medicine - 14  
Pediatrics - 10  
OBGYN - 9  
Anesthesia - 9  
Family Medicine - 7

Chicago-specific list:  
(at this link you will see 15 students in Psych, but I just found out about one other who matched at Carle Clinic in Urbana-Champaign, but for unclear reasons wasn't on the public list)

Full COM lists:  
https://medicine.uic.edu/class-of-2023-celebrates-match-day/

Many thanks to Drs. Joey Cooper, Sean Blitzstein and Jenifer Lloyd and Tammy Tamayo, the clerkship leadership team in psychiatry, who made this possible.
**Publications**

**Drs. Bradley Heit and John Larson** published a paper in the Journal of Physiology. Mice lacking system xc- (xCT/-), an astrocytic glutamate antiporter, exhibit 60-80% lower tonic extra cellular glutamate concentrations than WT controls. In WT mice under anoxic challenge, tonic extra cellular glutamate synergizes with excessive presynaptic (Pre) glutamate release, flooding the extra cellular space, activating postsynaptic (Post) AMPA and NMDA receptors, and precipitating AD. Despite a greater abundance of postsynaptic AMPA receptors, these ischemia-driven events are significantly mitigated in xCT/- mice due to the decrement of tonic glutamate. This ultimately reduces the accumulation of extracellular glutamate during anoxia, delays AD, and attenuates depolarizing AD waves in xCT/- mice.


**Dr. Lisa Razzano** and colleagues published a paper regarding a peer-led health navigator model for diverse individuals with serious mental illness and physical health comorbidities who are engaged in community mental health services. The paper appears in psychiatric services. Corrigan, *Razzano*, Pashka et al. (2022). Peer navigators for the health needs of people of color with serious mental illness. *Psychiatric Services* doi/abs/10.1176/appi.ps.202100547?af=R.


**Dr. Rosenthal**’s 736-page book, which he worked on for decades, and referred to as his “magnum opus,” has been published post-humously. Defenses Against Loss of Contentment: Humanistic, Research and Clinical Approaches to the Mood

