Get Started Today!

READY TO SCHEDULE AN APPOINTMENT?

Initial evaluations take 90 minutes and follow-up appointments are 45 minutes.

To schedule an initial evaluation or for more information, please contact the clinic coordinator at 312-996-4331.

HOW TO PREPARE FOR YOUR APPOINTMENT

✓ Complete intake packet provided to you which consists of a History Form and **ADHD** Rating Scales

✓ Write down a list of symptoms/difficulties your child is having at home and school

✓ Note any major stressors, like life, household, or school changes

✓ Make a list of all medications (past and current)

✓ Obtain copies of past evaluations/test results

✓ Make a list of questions for the doctor

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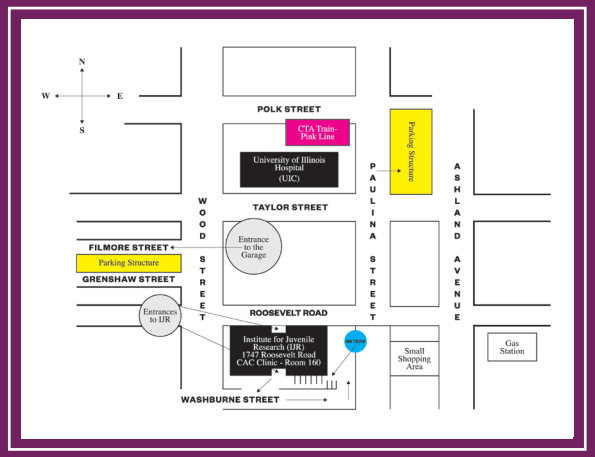

Comprehensive ADHD Clinic
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Comprehensive Attention Deficit Hyperactivity Disorder Clinic

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What is ADHD?

ADHD is a brain-based biological disorder that affects children, adolescents, and adults. It is characterized by a persistent pattern of inattention and/or hyperactivity and impulsivity.

ADHD is a chronic disorder that can negatively impact many aspects of daily life, including self-esteem, interpersonal relationships, and academic success.

What Are the Symptoms of ADHD?

The core symptoms of ADHD are inattention, hyperactivity, and impulsivity. Below are some specific symptoms associated with ADHD:

- ✓ Lacks attention to detail
- ✓ Lacks sustained attention or focus
- ✓ Disorganized
- ✓ Easily distracted
- ✓ Can't stay seated
- ✓ Runs and/or climbs excessively
- ✓ Talks excessively
- ✓ Interrupts frequently
- ✓ Unable to wait one's turn

What Causes ADHD?

The exact cause of ADHD is unknown. However, a number of factors contribute to the development of ADHD:

✓ **Genetics** – Research suggests that ADHD tends to run in families.
✓ **Environment** – Exposure to environmental toxins (i.e., lead and pesticides), maternal drug/alcohol use or smoking during pregnancy.
✓ **Neurotransmitter Function** – ADHD is a brain-based biological disorder. Studies show that children with ADHD have low levels of the neurotransmitter dopamine.

How is ADHD Diagnosed?

Healthcare providers, such as child and adolescent psychiatrists, pediatricians, and psychologists, can diagnose ADHD. There is no single test to make a diagnosis of ADHD. Diagnosis is made when family interviews, child observation, and parent and teacher rating scales reveal that a child has a persistent pattern of several symptoms (for at least six months) that are inconsistent with appropriate developmental level, and cause impairment in more than one setting.

Services Provided

CAC is an outpatient program for patients ages 4-17, providing comprehensive diagnosis, treatment, and ongoing management of ADHD. The clinic offers:

Initial ADHD evaluation

90-minute appointment including a detailed history of the child's behavior, medical and family history, observation of child's behavior, and review of behavior rating scales.

Individualized Treatment Plan

Once a diagnosis is made, a treatment plan specific to the child's needs will be determined.

Psychoeducation/Pharmacoeducation

Ongoing education about ADHD, medication, and behavioral interventions is an integral part of ADHD management.

Pharmacotherapy

Medication is highly effective in most children with ADHD. Stimulants are the first line of treatment and have been widely studied.

Parent Management Training

A 10-week session providing strategies for managing challenging behaviors, improving target behaviors, and reducing overall family stress.

Psychological Testing

Facilitate referral for further evaluation or testing as needed.

Educational Advocacy

Assistance with determining if child is eligible for academic accommodations and navigating the school system.