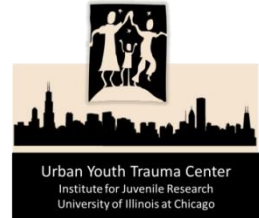


Resources for the Five Best Practices

Below you will find a list of resources to obtain more information about each of the five Best Practices for Violence Prevention and Trauma Intervention. Resources for caregivers, youth, clinicians, and general audiences are included. We hope that within this toolkit and the resources below, you will find the tools you need to make a big difference in your community!



www.psych.uic.edu
[/uytc-about](http://uytc-about)

| Resource Category | For Caregivers | For Youth | For Clinicians | General Audiences |
|---|--|--|--|---|
| Identifying and supporting survivors of trauma and violence | <ul style="list-style-type: none"> What is Child Traumatic Stress? How to help Trauma and Your Family | <ul style="list-style-type: none"> A Guide for Youth: Understanding Trauma Finding a safe place TXT 4 HELP Resilience for Teens | <ul style="list-style-type: none"> Recognizing Behavior Changes in Children Exposed to Violence Trauma-informed care Trauma and Families: Fact Sheet for Providers | <ul style="list-style-type: none"> Symptoms of Trauma How to Help |
| Support safe, stable and nurturing relationships between children, caregivers and caring adults | <ul style="list-style-type: none"> Your Child and Gangs Helping Traumatized Children: A Brief Overview for Caregivers | <ul style="list-style-type: none"> How to work with adults | <ul style="list-style-type: none"> Empirically Supported Treatments and Promising Practices Family Engagement Inventory | <ul style="list-style-type: none"> Family Engagement Resources for Child Welfare, Juvenile Justice, & Educators Mentoring: An Investment in Reducing Youth Violence Mentoring and Trauma Awareness |
| Develop life skills in children and adolescents | <ul style="list-style-type: none"> Family and Community Engagement | <ul style="list-style-type: none"> Do Something Boys and Girls Clubs of America YouthBuild Programs similar to: <ul style="list-style-type: none"> One Summer Chicago Don't Fall Down in the Hood | <ul style="list-style-type: none"> Preventing violence by developing life skills in children and adolescents | <ul style="list-style-type: none"> What is Positive Youth Development? Putting Positive Youth Development Into Practice |
| Promote a safe environment in the community | <ul style="list-style-type: none"> Resources for Families | <ul style="list-style-type: none"> Peer Mentoring Take the Speak Up Pledge Help Prevent School and Community Violence: 1-866- SPEAKUP ** Look for a program similar to Safe Streets in your area | <ul style="list-style-type: none"> http://www.preventinstitute.org/focus-areas/promoting-mental-health-a-well-being.html http://clinicians.org/clinicians-and-gun-violence-what-to-know-and-what-to-do/ | <ul style="list-style-type: none"> Best Practices to Prevent Youth Violence School Violence Prevention Striving To Reduce Youth Violence Everywhere Strategy Selector |
| Change rules and expectations in society (cultural norms) that support violence | <ul style="list-style-type: none"> Scroll to section titled What Works: Gun Violence Prevention at the Community Level | <ul style="list-style-type: none"> Reducing Violence Through Police/Youth Problem Solving Students Against Violence Everywhere (SAVE) Speak Up Violence Prevention Activities | <ul style="list-style-type: none"> What is Restorative Justice? | <ul style="list-style-type: none"> Youth-focused Policing Resource Center Gun Violence Prevention Network |