

Top Reasons for delays in Psychotropic Medication Consents

PERTINENT FIELDS ON THE FORM ARE INCOMPLETE OR ILLEGIBLE: In order to ensure that you receive a response to your psychotropic medication request as quickly as possible please make sure that the following information is always legibly included on the request form:

- Current height and weight
- Prescribing physician, specialty, phone and fax number
- All Medical and Psychiatric Diagnoses
- All current medication including dosages and frequency
- All Medications that have been discontinued since last request was sent
- Specific symptoms for which the medication is being prescribed to treat. Do not list diagnoses as symptoms.
- STAT Meds: Include date and time they were given.

INSUFFICIENT RATIONALES: Please provide very specific rationales for requesting more aggressive Rx treatment or out of the ordinary psychotropic medication regimens.

- **Co-pharmacy:** If prescribing 2 medications from the same drug classification
 - ▶ List the rationale for using the 2 medications.
 - ▶ Provide current serum levels (Lithium, VPA, Tegretol)
- **Children under 5**
 - ▶ List all alternative treatments that have been tried
- **1st line Anti-Depressants:**
 - ▶ If not requesting Prozac, include a rationale for choosing another anti-depressant over Prozac. [See data that supports use of Prozac as 1st line antidepressant.](#)
- **1st line Mood Stabilizers**
 - ▶ If not choosing a 1st line mood stabilizer, (Lithium, Depakote or Tegretol) please include a rationale for why another mood stabilizer has been selected.
 - ▶ If you have the current blood level, please include this and the date it was obtained. This should be included on all increase requests.
- **Inappropriate diagnosis or symptoms for medication requested.**
 - ▶ A stimulant without an ADHD diagnosis.
 - ▶ An antipsychotic without symptoms of psychosis, mania or aggression.

DISCONTINUED MEDICATIONS ARE NOT REPORTED: Often a new medication is chosen to *replace* a current medication however it is not reported.

What appears to be co-pharmacy is simply a failure to report that a current medication will be discontinued.

UNABLE TO CONTACT MEDICAL PERSONNEL: Accurate contact information is very helpful and will expedite the completion of consents. Often the supporting staff at the physician's offices is unable to accurately complete the necessary clinical data.

Direct contact information for the physician or a list of times that the MD is available to the DCFS consent team would help to maintain communication and rapid completion of the consent process.