



WELCOME!

**The University of Illinois at Chicago
National Research and Training Center on
Psychiatric Disability is proud to present
the first Self-Determination Workshop:**

Multiple Perspectives on
Consumer/Survivor Self-
Determination from Within and
Outside the Services System



UIC NATIONAL RESEARCH AND TRAINING CENTER ON PSYCHIATRIC DISABILITY

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FUNDING PERIOD: 2000 TO 2005

CORE PROJECTS

- ❑ **Wyoming Psychiatric Advance Directives Implementation & Evaluation Project**
- ❑ **Illinois Evaluation of Unmet Needs Among Recipients of Welfare-to-Work Services**
- ❑ **Managed Care & Psychosocial Rehabilitation/ Self-Help Services in Maryland**
- ❑ **Minnesota Ticket-to-Work Implementation and Outcomes Project**
- ❑ **Advancing Knowledge & Training on Self-Determination**



WYOMING PSYCHIATRIC ADVANCE DIRECTIVES PROJECT

PURPOSE:

Implement & evaluate promising practices to assist consumers in creating empowering and enforceable psychiatric advance directives (PADs) statewide

TARGET GROUPS:

Mental health consumers, family members, providers, advocates, and other stakeholders

METHOD:

Telephone interviews with consumer PAD completers; Telephone interviews with providers named by consumers; Content analysis of PADs; Analysis of WY State databases



ILLINOIS WELFARE-TO-WORK PROJECT

PURPOSE:

Examine experiences of TANF recipients with mental health, substance abuse, & trauma needs & their employment & quality of life outcomes

TARGET GROUPS:

TANF recipients, welfare workers, mental health & social service providers, & advocates

METHOD:

Interviews with TANF recipients at baseline & follow-up, including diagnostic assessments & open-ended questions; Direct service staff interviews; & Analysis of IL State databases



MARYLAND MANAGED CARE PROJECT

PURPOSE:

Determine the effects of managed care (MC) on availability of psychosocial rehabilitation services, and consumer-operated services

TARGET GROUPS:

Statewide and local consumer organizations; MAPSS; state mental health administrators; families; and other stakeholders

METHOD:

Analysis of Medicaid claims data; Analysis of State MH block grant data; Analysis of MC data; Interviews with key implementation stakeholders



MINNESOTA TWWIIA PROJECT

PURPOSE:

Examine the implementation and outcomes of the Ticket-to-Work and Work Incentives Improvement Act (TWWIIA) of 1999 in MN

TARGET GROUPS:

Consumers who apply for TWWIIA vouchers; Vocational service providers; VR/MH authorities

METHOD:

Interviews with voucher applicants; Interviews with stakeholders involved in MN TWWIIA implementation; Analysis of State databases

ADVANCING KNOWLEDGE AND TRAINING ON SELF-DETERMINATION

PURPOSE:

Identify and evaluate self-determination theories, models, and activities, along with barriers to self-determination confronted by consumers

TARGET GROUPS:

Consumers/survivors; providers; policy makers; advocates; and other mental health stakeholders

METHOD:


Ongoing training and consultation; self-determination workshop series; national conference on self-determination for people with psychiatric disabilities; and a state-of-the-science report on self-determination and psychiatric disability



POTENTIAL QUESTIONS ABOUT SELF-DETERMINATION

- 1) What is self-determination?**
- 2) How is self-determination possible?**
- 3) Can the concept be extended beyond its emphasis on “self” to encompass “shared” or “social” self-determination?**
- 4) How is self-determination related to recovery?**
- 5) How can self-determination promote thriving?**

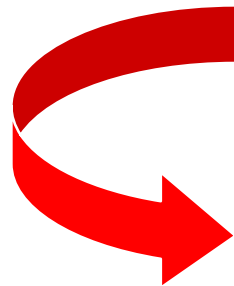
“STARTING-POINT” DEFINITION OF SELF-DETERMINATION

-  **The ability to exercise control over decisions that impact one’s life and overall well-being, including the personal liberty to determine one’s own actions according to freely-developed and personally-meaningful goals.**

(Buchanan & Brock, 1989; Klozen et al., 1988; Yeo & Dalzier, 1991)

HOW PROJECTS IMPACT SELF-DETERMINATION

WYOMING PSYCHIATRIC ADVANCE DIRECTIVES IMPLEMENTATION & EVALUATION PROJECT



By fostering consumer/survivor choice in *treatment-decision making*, including *whether* to receive services as well as *what kinds* of services.

HOW PROJECTS IMPACT SELF-DETERMINATION

ILLINOIS EVALUATION OF
NEEDS AMONG RECIPIENTS OF
WELFARE-TO-WORK SERVICES



By increasing *economic self-sufficiency* and well-being among *impoverished* individuals and their families.

HOW PROJECTS IMPACT SELF-DETERMINATION

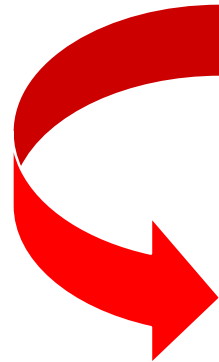
**MANAGED CARE & PSYCHOSOCIAL
REHABILITATION/SELF-HELP
SERVICES IN MARYLAND**



By enhancing *service access and quality* (particularly access to consumer-run and rehabilitation services) under cost-containment schemes such as *managed care*.

HOW PROJECTS IMPACT SELF-DETERMINATION

MINNESOTA TICKET-TO- WORK IMPLEMENTATION AND OUTCOMES PROJECT



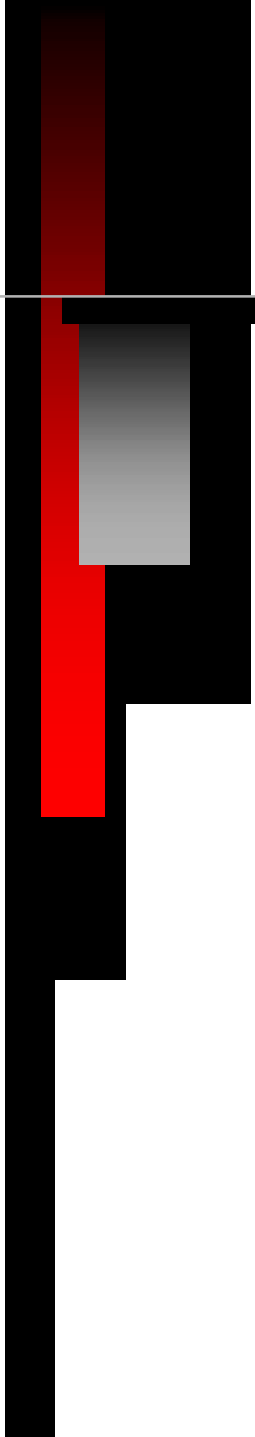
By promoting *career development* through real jobs for real wages that allow an *escape from subsistence-level* disability income lifestyles.

HOW PROJECTS IMPACT SELF-DETERMINATION

ADVANCING KNOWLEDGE
AND TRAINING ON SELF-
DETERMINATION



By promoting the growth and development of *self-determination skills* and *self-advocacy*, as well as a sense of *communal social-determination* that reaches beyond individuals to larger societal groups.



**Can self-determination
help to ensure a
recovery process that
includes **thriving**?**



THRIVING:

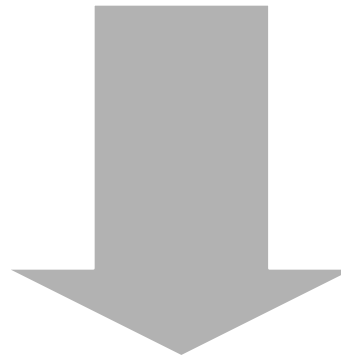
- **A process in which the experience of dealing with an adverse life event (illness, warfare, trauma) leads an individual or group to become better off than they were beforehand.**



NEW PRODUCTS OF UIC NRTC

- PAR Protocol to Assess Women Consumers Self-Identified Needs**
- Think Positive: Providing Group Support for Consumers with HIV/AIDS**
- Strategies for Designing and Implementing Advance Crisis De-Escalation Procedures in Inpatient Settings**
- Self-Determination Annotated Bibliography: Articles, Monographs, and Books regarding Self-Determination for Persons with Psychiatric and Physical Disabilities**

OUR NEW SELF-DETERMINATION CENTER WEB SITE



www.psych.uic.edu/uicnrtc/